



REDUCED LUNCHES ARE NOW FREE



# Scappoose High School

**Meal Prices**  
**Student \$2.95**  
**Reduced is FREE**  
**Adult \$3.85**  
**Milk .50**

A meal includes one entrée, one or more sides, and milk. Sides feature a wide variety of fruits and veggies to make each meal full of rich energy forming nutrients.

**SERVED DAILY**  
 Garden Salad  
 Daily Featured Salad  
 Specialty Wraps  
 Made to Order Subs  
*With Fruits and Vegetables*

**Fast Takes**

**Express**

**MONDAY**      Yakisoba Noodle Bowl  
**TUESDAY**      Soup & Sandwich  
**WEDNESDAY**      Burrito Bar  
**THURSDAY** Sichuan Chicken & Rice  
**FRIDAY**      Sesame Noodle Bowl

**SERVED DAILY**  
 Flame Broiled Burger  
 Chicken Patty Sandwich  
 Spicy Chicken Patty Sandwich  
*Oven Baked Tots, Fries, or Jo Jos*

**Grill**

**Pizza**

**SERVED DAILY**  
 ▪Pepperoni      ▪Cheese  
 ▪ Daily Specialty Pizza

**SIDES OFFERED DAILY WITH LUNCH CHOICES**  
 Locally Grown Seasonal Fresh Fruit and Vegetables, plus Bananas, Oranges, Garden Salad Greens and Low Fat or Fat Free Milk

**DECEMBER 2016**



Mon	Tue	Wed	Thu	Fri
Baja Chicken Flat w/Fries <b>28</b>	Enchilada & Rice <b>29</b>	Pasta Bake w/Breadstick & Green Beans <b>30</b>	Popcorn Chicken & Cinnamon Bun w/Fries <b>1</b>	Nachos Supreme <b>2</b>
Weiner Wrap & Wedges <b>5</b>	Chicken Tacos & Rice <b>6</b>	Toasted Italian Sub w/Tots <b>7</b>	Chicken Tenders & Breadstick w/Fries <b>8</b>	Beef Stroganoff Green Beans & Homemade Roll <b>9</b>
Chicken Alfredo Green Beans & Breadstick <b>12</b>	Mandarin Orange Chicken Over Rice <b>13</b>	Soft Pretzel & Nacho Cheese Dip <b>14</b>	Country Fried Steak Mashed Taters w/Homemade Roll Holiday Dessert <b>15</b>	Popcorn Chicken & Cinnamon Bun w/Fries <b>16</b>
	<b>Holiday Break</b>			
<b>December 19th-January 2nd</b>				

\*Menu subject to change

Scappoose School District is an equal opportunity provider

\*All grains are at least 50% whole grain