



REDUCED LUNCHES ARE NOW FREE



Scappoose High School

Meal Prices
Student \$2.95
Reduced is FREE
Adult \$3.85
Milk .50

A meal includes one entrée, one or more sides, and milk. Sides feature a wide variety of fruits and veggies to make each meal full of rich energy forming nutrients.

SERVED DAILY
Chicken Caesar Salad
Daily Featured Salad
Specialty Wraps
Made to Order Subs
With Fruits and Vegetables

Fast Takes

Express

MONDAY Yakisoba Noodle Bowl
TUESDAY Soup & Sandwich
WEDNESDAY Burrito Bar
THURSDAY Lemon Chicken
FRIDAY Sesame Noodle Bowl

SERVED DAILY
Flame Broiled Burger
Chicken Patty Sandwich
Spicy Chicken Patty Sandwich
Oven Baked Tots, Fries, or Jo Jos

Grill

Pizza

SERVED DAILY
 ▪Pepperoni ▪Cheese
 ▪ Daily Specialty Pizza



SIDES OFFERED DAILY WITH LUNCH CHOICES
 Locally Grown Seasonal Fresh Fruit and Vegetables, plus Bananas, Oranges, Garden Salad Greens and Low Fat or Fat Free Milk

APRIL 2017

Mon	Tue	Wed	Thu	Fri
Fish & Fries w/Coleslaw & Breadstick 3	Sweet & Sour Chicken Over Rice 4	Grilled Cheese & Tomato Soup 5	Chicken Tenders & Cinnamon Bun w/Fries 6	Nachos Supreme 7
Chicken Tacos w/Rice 10	Chili Fritos w/Cheese 11	Toasted Italian Sub & Fries 12	Popcorn Chicken & Cinnamon Bun w/Fries 13	NO SCHOOL GRADE DAY 14
Enchilada & Rice 17	Bruschetta Chicken Breast Sandwich w/Steak Fries 18	Soft Pretzel & Nacho Cheese Dip 19	Chicken Tenders & Cinnamon Bun w/Fries 20	Country Fried Steak w/Gravy Green Beans Homemade Roll 21
Carnitas Burrito w/Rice 24	Mandarin Orange Chicken Over Rice 25	Chicken & Cheese Quesadilla w/Fries 26	Popcorn Chicken & Cinnamon Bun w/Fries 27	Turkey Gravy Mashed Potatoes Homemade Roll Green Beans 28
Grilled Ham & Cheese w/Fries 1	Chicken Cordon Bleu Cheesy Potatoes Homemade Roll 2	Macaroni & Cheese w/Breadstick & Green Beans 3	Chicken Tenders & Cinnamon Bun w/Fries 4	Beef Stroganoff Green Beans & Homemade Roll 5

*Menu subject to change

Scappoose School District is an equal opportunity provider

*All grains are at least 50% whole grain