

REDUCED LUNCHES ARE NOW FREE

Scappoose High School

Meal Prices
Student \$3.00
Reduced is FREE
Adult \$3.85
Milk .50

A meal includes one entrée, one or more sides, and milk. Sides feature a wide variety of fruits and veggies to make each meal full of rich energy forming nutrients.

SERVED DAILY
 Garden Salad
 Daily Featured Salad
 Specialty Wraps
 Made to Order Subs
With Fruits and Vegetables

Fast Takes

Express

MONDAY Yakisoba Noodle Bowl
TUESDAY Soup & Sandwich
WEDNESDAY Burrito Bar
THURSDAY Chicken Bento
FRIDAY Sesame Noodle Bowl

SERVED DAILY
 Flame Broiled Burger
 Chicken Patty Sandwich
 Spicy Chicken Patty Sandwich
Oven Baked Tots, Fries, or Jo Jos

Grill


Pizza

SERVED DAILY
 ▪Pepperoni ▪Cheese
 ▪ Daily Specialty Pizza

SIDES OFFERED DAILY WITH LUNCH CHOICES
 Locally Grown Seasonal Fresh Fruit and Vegetables, plus Bananas, Oranges, Garden Salad Greens and Low Fat or Fat Free Milk



October

Mon	Tue	Wed	Thu	Fri
Nachos Supreme 2	Two Taco Tuesday w/Refried Beans 3	Chili Fritos w/Cheese & Onion 4	Chicken Tenders & Cinnamon Bun w/Tots 5	Grilled Cheese & Tomato Soup 6
Grilled Ham & Cheese w/Tots Jell-O 9	Mandarin Orange Chicken w/Rice & Veggies 10	Toasted Italian Sub & Fries 11	Popcorn Chicken & Cinnamon Bun w/Tots 12	NO SCHOOL 13 Statewide In-service
Chicken Cordon Bleu Cheesy Potatoes Homemade Roll 16	Carnitas Burrito w/Rice 17	Bruschetta Chicken Breast Sandwich & Fries 18	Chicken Tenders & Waffles 19	Beef Stroganoff Green Beans & Roll 20
Baja Chicken Flat w/Fries 23	Enchilada & Rice 24	Chili Dog & Fries 25	Popcorn Chicken & Cinnamon Bun w/Tots 26	Turkey Gravy Potatoes & Homemade Roll 27
Mummy Wrap & Wedges 30	Chicken Fajitas & Rice No Bake Cookie 	Chicken & Cheese Quesadilla w/Tots 1	Chicken Tenders & Cinnamon Bun w/Tots 2	Macaroni & Cheese w/Breadstick & Green Beans 3

*Menu subject to change

Scappoose School District is an equal opportunity provider

*All grains are at least 50% whole grain